# SAN DIEGO CHILDREN'S DISCOVERY MUSEUM

## **Yoga 101**

### PRICING General Info

Member: \$ 12 per class OR

\$ 40 per 4 week session

Non-member: \$15 per class OR

\$ 50 per 4 week session

Yoga 101 is designed for children 5 &up

You must register at least 1 week in advance.

### **HOURS**

Tuesday Sessions: 4:30-5:15

We offer a 10 minute window to drop-off and pick-up your child. A \$10 penalty fee is due for early drop-offs or late pick-ups.

### DROP-OFF is between 4:20 pm - 4:30 PM

Upon arrival, sign in your child in the Welcome Garden, located to the left of the front entrance. Programming will begin promptly so it is important that child arrives on time.

If you will arrive late, please leave a message at 760.233.7755 with your child's name and their expected time of arrival or pick-up.

### PICK-UP is at 5:15 PM

You or a preauthorized adult must sign out your child each day in the Welcome Garden. Adult MUST HAVE PICTURE ID. 5-minute curbside parking is allowed for *drop-off* or *pick-up* if the parking lot is full.

If no one has picked up your child by 5:25 pm, emergency and/or alternative departure contacts will be contacted and a \$10 penalty fee will be charged.

### **HOW TO CONTACT US**

If you need to contact your child or the teacher *during* class hours, please call 760.233.7755.

If you have any questions after reading this document, please call or email us at Education@sdcdm.org.

### **General Information 2016**

Cancellations made within 1 week of classes will receive a partial refund of 50% of payment. No refund is available on the day of the class.

Sessions with less than 4 children may be cancelled. You will be notified 1 week prior to the class and receive a full refund.

### **SUPPLIES**

Please bring a water bottle and a yoga mat labeled with your child's name. Yoga mats are available to rent.

### **CLOTHING**

Dress your child in comfortable and breathable clothing. Please wear easy to remove shoes.

#### **VALUABLES**

We discourage children from bringing any valuables to the Museum. Yoga 101 will not be responsible for any lost or stolen items.

### **BEHAVIOR EXPECTATION POLICY**

Yoga 101 has basic rules of behavior, including respecting others, our classroom, and materials.

Disrespectful behavior, foul or hurtful language, and violence will not be tolerated. SDCDM reserves the right to ask a child not to return to class without refund.

### **DAILY MEDICATION**

Please send only those medications that absolutely must be taken during class hours (i.e. if it can be taken before or after class, please make all effort to do so). Required medication must be placed in a Ziploc bag and clearly labeled with both the child's name and dosage. Please list the details in the HEALTH FORM explaining what the medication is for, when and how it should be dispensed, and any specific storage information.